

<b>SUBJECT</b>	<b>Book Title</b>	<b>Author(s)</b>	<b>Call Number</b>		
<b>ADDICTIVE BEHAVIOR</b>					
	• The Heart of Addiction	Dodes, Lance	DA 100	NVH	2003
<b>ANATOMY / PHYSIOLOGY</b>					
	• Anatomy & Physiology for Dummies	Siegfried, Donna Rae	AC 100	NVH	2002
	• Gray's Anatomy		AC 200	NVH	1974
	• The Magic School Bus Inside the Human Body.	Cole, Joanna	AC 300.5	NVH	1989
	• The Visual Dictionary of the Human Body.		AC 213	NVH	1991
<b>ANIMAL HEALTH</b>					
	• The Human-Animal Health Connection: Team training course manual	Delta Society	PA 100	NVH	2000
<b>BLOOD / LYMPHATIC SYSTEM</b>					
	• Living with Lymphoma - A Patient's Guide	Adler, Elizabeth M.	FC 200	NVH	2005
<b>BONES/JOINTS/MUSCLES</b>					
	• A Patient's Guide to Knee and Hip Replacement: Everything you need to know:	Silber, Irwin	FB 305	NVH	1999
	• All You Need to Know About Joint Surgery	Klippel, John H.	FB 303	NVH	2002
	• Arthritis	Fries, James F.	FB 320	NVH	1995
	• Fibromyalgia & Chronic Myofascial Pain: A survival manual	Starlanyl, Copeland	FB 515	NVH	2001
	• Living with Rheumatoid Arthritis	Sholtzhauer, McGuire	FB 330	NVH	2003
	• Lupus: Everything you need to know.	Lahita, Phillips	FB 430	NVH	1998
	• Stand Tall	Notelovitz, Morris	FB 250	NVH	1998
	• Strong Women, Strong Bones: Everything You Need to Know to Prevent, Treat, and Beat Osteoporosis	Nelson, Wernick	FB 250	NVH	2000
	• Strong Women, Strong Bones: Everything you need to know to prevent, treat, and beat	Nelson Ph.D., Miriam	FB 250	NVH	2000

<b>SUBJECT</b>	<b>Author(s)</b>	<b>Call Number</b>
<b>Book Title</b>		
<b>BONES/JOINTS/MUSCLES</b>		
• The arthritis helpbook: A tested self-management program for coping with arthritis	Lorig, Kate	FB 320 NVH 2000
• The Encyclopedia of The Muscle and Skeletal Systems and Disorders	Sayler, Mary Harwell	FB 100 NVH 2005
• The Knee Crisis Handbook	Halpern, Tucker	FB 870 NVH 2003
• Treat Your Back Without Surgery: The best nonsurgical alternatives for eliminating back and neck pain	Hochschuler, Stephen	FB 720 NVH 2002
<b>CANCER</b>		
• 100 Questions & Answers About Colorectal	Bub, David S.	FE 427 NVH 2003
• 100 Questions and Answers About Cancer Symptoms and Cancer Treatment Side Effects	Kelvin, Tyson	FE 200 NVH 2005
• Advanced breast cancer: A guide to living with metastatic disease.	Mayer, Musa	FE 300 NVH 1997
• After Mastectomy: Healing Physically and Emotionally	Benedet, Rosiland	FE 325 NVH 2003
• Alternative Medicine Definitive Guide to Cancer	Diamond, Cowden	FE 280 NVH 1997
• Beating Cancer with Nutrition	Quillin, Quillin	FE 260 NVH 1998
• Betty Crocker's Living with Cancer Cookbook	Ghosh, Carson, Cohen	FE 260 NVH 2002
• Breast Cancer Husband: How to Help Your Wife ( and Yourself) Through Diagnosis, Treatment and Beyond	Silver, Marc	FE 325 NVH 2004
• Breast Cancer: What you should know (but may not be told) about prevention, diagnosis, and	Austin, Steve	FE 300 NVH 1994
• Breast Cancer?: Let me check my schedule!		FE 325 NVH 1997
• Choices: The most complete sourcebook for cancer information.	Morra, Marion	FE 200 NVH 2003
• Coping with Chemotherapy and Radiation	Cukier, Gingerelli, Makari-	FE 225 NVH 2004
• Coping with radiation therapy: A ray of hope.	Cukier, McCullough	FE 240 NVH 1996
• Diagnosis Cancer: Your guide through the first few months.	Harpham M.D., Wendy	FE 250 NVH 1992
• Everyone's Guide to Cancer Therapy: How cancer is diagnosed, treated, and managed day	Dollinger, Malin	FE 100 NVH 2002

<b>SUBJECT</b>	<b>Author(s)</b>	<b>Call Number</b>
<b>Book Title</b>		
<b>CANCER</b>		
• Good for You!: Reducing your risk of developing cancer.		FE 190 NVH 2002
• Herbs Agains Cancer: History and Controversy	Moss, Ralph W.	FE 280 NVH 1998
• How Cancer Works.	Sompayrac, Lauren	FE 100 NVH 2004
• It's Not About the Bike: My Journey Back to Life	Armstrong, Lance	FE 40 NVH 2001
• Journey Though Heartsongs	Stepanek, Mattie J.T.	FE 230 NVH 2001
• Leukemia Sourcebook	Shannon, Joyce Brennfleck	FE 350 NVH 2003
• Lung Cancer: Myths, Facts, Choices - and Hope	Henschke, McCarthy,	FE 400 NVH 2002
• Lymphedema: A breast cancer patient's guide to prevention and healing.	Burt, Jeannie	FE 320 NVH 1999
• My book for kids with cansur: A child's autobiography of hope	Gaes, Jason	FE 550 NVH 1987
• Our Mom has Cancer	Ackermann, Ackermann	FE 600 NVH 2001
• Promises.	Winthrop, Elizabeth	FE 600 NVH 2000
• Prostate and cancer: A family guide to diagnosis, treatment. & survival.	Marks, Sheldon	FE 462 NVH 2003
• Spinning Straw into Gold: Your emotional recovery from breast cancer.	Kaye, Ronnie	FE 325 NVH 1991
• The Best News About Radiation Therapy.	Knormehl, Carol	FE 240 NVH 2004
• The Breast Cancer Prevention Program	Epstein, Samuel S.	FE 190 NVH 1997
• The Breast Cancer Survival Manual: A step-by-step guide for the woman with newly diagnosed breast cancer.	Link, John	FE 300 NVH 2003
• The Cancer Dictionary.	Altman, Roberta	FE 13 NVH 1992
• The Cancer Dictionary: An a-to-z guide to more than 2,500 terms that include...	Altman, Roberta	FE 13 NVH 2000
• The Cancer Survival Cookbook: 200 quick & easy recipes with helpful eating hints.	Weihofen, Donna L.	FE 260 NVH 1998
• The First Year of the Rest of Your Life: Reflections for survivors of breast cancer	Hudson Honea, Charla	FE 325 NVH 1997
• The What to Eat if You Have Cancer Cookbook	Keane, Maureen	FE 260 NVH 1997

<b>SUBJECT</b>	<b>Book Title</b>	<b>Author(s)</b>	<b>Call Number</b>		
<b>CANCER</b>					
	• There's no place like hope: A guide to beating cancer in mind-sized bites.	Girard, Vickie	FE 250	NVH	2003
	• When Life Becomes Precious: A guide for loved ones and friends of cancer patients.	Babcock, Elise NeeDell	FE 250	NVH	1997
	• Women's Cancers: How to prevent them, how to treat them, how to beat them.	McGinn, Kerry A.	FE 330	NVH	2003
<b>CARDIOVASCULAR SYSTEM</b>					
	• Mayo Clinic heart book.		FD 200	NVH	2000
	• Program for Reversing Heart Disease	Ornish's, Dean	FD 220	NVH	1990
	• Stress, Diet, and Your Heart	Ornish, Dean	FD 390	NVH	1982
	• Success With Heart Failure: Help and hope for those with congestive heart failure.	Silver, Marc A.	FD 780	NVH	2002
	• The Blood Pressure Book	Fortmann, Breitrose	FD 170	NVH	2001
	• The Cardiovascular Cure: How to Strengthen Your Self-Defense Against Heart Attack and	Cook, Zimmer	FD 129	NVH	2002
	• The Expert Guide to Beating Heart Disease	Krumholz, Harlan M.	FD 200	NVH	2005
	• The Female Heart	Legato, Colman	FD 300	NVH	1991
	• Thriving with Heart Disease	Sotile, Cantor - Cooke	FD 250	NVH	2003
<b>CAREGIVING</b>					
	• Chicken Soup for the Caregivers Soul	Canfield, Jack	EF 600	NVH	2004
	• Living a Healthy Life with Chronic Conditions: Self-management of heart disease, arthritis, diabetes, asthma, bronchitis, emphisema and	Lorig, Kate	EF 800	NVH	2000
	• The Caregiver's Essential Handbook	Carr, Choron	EF 625	NVH	2003
	• The Comfort of Home: An illustrated step-by-step guide for caregivers.	Meyer, Derr, R.N.	EF 625	NVH	1998
	• The Healing Tree	Tye, Joe	EF 600	NVH	2005
	• The Ultimate Guide to Sex and Disability: For All of Us Who Live with Disabilities, Chronic Pain and Illness	Kaufman, Silverberg,	EF 880	NVH	2003
<b>CHILDREN'S HEALTH</b>					
	• Children: The challenge	Dreikurs, Rudolf	GK 600	NVH	1987

<b>SUBJECT</b>	<b>Author(s)</b>	<b>Call Number</b>
<b>Book Title</b>		
<b>CHILDREN'S HEALTH</b>		
• Columbia University Children's Medical Guide.	Miller, Valman	GK 100 NVH 2002
• Dinosaurs Alive And Well! A guide to good	Brown, Laurie Krasny	GK 190 NVH 1990
• Fathering Right From the Start	Heinowitz, Jack	GK 600 NVH 2001
• Feeding Your Child for Lifelong Health	Roberts, Susan B.	GK 260 NVH 1999
• How to Get Your Child to Eat...: But not too much	Satter, Ellyn	GK 260 NVH 1987
• How to talk so kids will listen & listen so kids will talk.	Faber, Mazlish	GK 600 NVH 1980
• Premies: The essential guide for parents of premature babies	Linden, Dana Wechsler	GK 520 NVH 2000
• Straight Talk About Your Child's Mental Health: What do do when something seems wrong	Faraone, Steven V,	GK 700 NVH 2003
• Taking Care of Your Child: A Parent's Illustrated Guide to Complete Medical Care	Pantell, Fries, Vickery	GK 100 NVH 2002
• Tear Soup: A Recipe for Healing After Loss	Schwiebert, DeKlyen	GK 780 NVH 2004
• The Cello of Mr. O	Cutler, Jane	GK 720 NVH 1999
• The Grandparent Guide	Kornhaber, Arthur	GK 645 NVH 2002
• The Happiest Baby on the Block	Karp, Harvey	GK 500 NVH 2003
• The Premature Baby Book	Sears, Sears, Sears,	GK 520 NVH 2004
• The Worried Child	Foxman, Paul	GK 726 NVH 2004
• Trim Kids The proven 12-week plan that has helped thousands of children achieve a healthier	Sothorn Ph.D., Melinda S.	GK 260 NVH 2001
• What Kids Need to Succeed: Proven, practical ways to raise good kids	Benson, Peter L.	GK 600 NVH 1998
• What to do When Your Child Gets Sick: Easy to read, easy to use	Mayer, R.N., Gloria	GK 100 NVH 2001
• What to Expect the First Year	Murkoff, Eisenberg,	GK 300 NVH 2003
• When Your Child Has a Disability: The complete sourcebook of daily and medical care.	Batshaw, Mark L.	GK 670 NVH 2001
<b>COMPLEMENTARY THERAPIES</b>		
• 70x7 and Beyond: A true Montana story	Christensen, Monty	EG 230 NVH 1971
• A Message Therapist Guide to Pathology	Werner, Ruth	EG 610 NVH 2005

<b>SUBJECT</b>	<b>Author(s)</b>	<b>Call Number</b>
<b>Book Title</b>		
<b>COMPLEMENTARY THERAPIES</b>		
• A Message Therapist Guide to Pathology	Warner, Ruth	EG 610 NVH 2002
• A Minnesota Book of Days: An a few nights	Horh, Howard	EG 800 NVH 1989
• Accepting Your Power to Heal	Krieger, Dolores	EG 617 NVH 1993
• Alternative Medicine: The definitive guide.		EG 100 NVH 2002
• Compassionate Laughter - Jest for your Health	Wooten, Patty	EG 800 NVH 1996
• Conerations with God	Walsch, Neale Donald	EG 230 NVH 1995
• Finding the right treatment: Modern and alternative medicine: a comprehensive reference guide that will help you get the best of	Krohn, Jacqueline	EG 100 NVH 2002
• Full Catastrophe Living: Using the Wisdom of Your Body and Mind to Face Stress, Pain and	Kobat - Zinn, Jon	EG 200 NVH 1990
• Guided Imagery for Self-Healing: An essential resource for anyone seeking wellness.	Rossmann, Martin L.	EG 210 NVH 2000
• Healing from the Heart	Oz, Mehmet	EG 200 NVH 1998
• Heart Humor & Healing		EG 800 NVH 1994
• Heartsongs	Stepanek, Mattie J.T.	EG 230 NVH 2001
• Hope Through Heartsongs	Stepanek, Mattie J.T.	EG 230 NVH 2002
• How To Talk Minnesotan: A visitor's guide	Mohr, Howard	EG 800 NVH 1987
• Love, Medicine & Miracles: Lessons learned about self-healing from a surgeon's experience with exceptional patients.	Siegel M.D., Bernie S.	EG 200 NVH 1986
• Mother Teresa a Simple Path		EG 230 NVH 1995
• Natural Medicine Instructions for Patients + CD-ROM	Pizzorno, Pizzorno, Jr.,	EG 100 NVH 2002
• Remarkable Recovery	Hirshberg, Barasch	EG 200 NVH 1995
• Textbook of Complementary and Alternative Medicine	Yuan, M.D., Bieber, M.D.	EG 100 NVH 2003
• The American Yoga Association's Easy Does it Yoga: The safe and gentle way to health and well being	Christensen, Alice	EG 740 NVH 1999
• The Bible Promise Book: One thousand promises from God's word		EG 230 NVH 1984

<b>SUBJECT</b>	<b>Author(s)</b>	<b>Call Number</b>
<b>Book Title</b>		
<b>COMPLEMENTARY THERAPIES</b>		
• The Body Heals		EG 100 NVH 2003
• The Joy in Loving		EG 230 NVH 1996
• The Power of a Blessing: Words to speak and pray from the message	Peterson, Eugene H.	EG 230 NVH 2004
• The Prayer of Jabez: Breaking through to the blessed life	Wilkinson, Bruce	EG 230 NVH 2000
• Therapeutic Touch as Transpersonal Healing	Krieger, Delores	EG 616 NVH 2002
• Therapeutic Touch Inner Workbook	Krieger Ph.D., Dolores	EG 617 NVH 1997
• Write Your Self Well: Journal Your Self to	Albert, Keithley	EG 830 NVH 2003
<b>CONSUMER HEALTH ISSUES</b>		
• Port in the Storm	Giller, Cole A.	IA 100 NVH 2004
• The Savvy Patient	Pettus, Mark C.	IA 850 NVH 2004
• Working With Your Doctor: Getting the healthcare you deserve	Keene, Nancy	IA 400 NVH 1998
<b>DEATH AND DYING</b>		
• Handbook For Mortals: Guidance for people facing serious illness	Lynn, Harrold	GV 100 NVH 1999
• How It Feels When a Parent Dies.	Krementz, Jill	GV 257 NVH 1981
• Living When a Loved One Has Died.	Grollman, Earl A.	GV 250 NVH 1995
• Safe Passage	Fumia, Molly	GV 200 NVH 2003
• The Final Act of Living	Karnes, Barbara	GV 250 NVH 2003
• When Living Hurts	Gordon, Sol	GV 150.6 NVH 2004
• You Died and I Wanted to Die, Too	Emmert, Jane Latus	GV 259 NVH 2004
<b>DENTAL CARE</b>		
• Open Wide: Tooth school inside.	Keller, Laurie	FJ 100.5 NVH 2000
• The Columbia University School of Dental and Oral Surgery's Guide to Family Dental Care.	Smith, The Columbia	FJ 100 NVH 1997
• What To Do For Healthy Teeth: Easy to read, easy to use.	Mestman, Sadie S.	FJ 114 NVH 2004

<b>SUBJECT</b>	<b>Author(s)</b>	<b>Call Number</b>		
<b>Book Title</b>				
<b>DRUGS</b>				
• Handbook of Drug - Herb and Drug - Supplement Interactions	Harkness, Bratman	EA 300	NVH	2003
• Straight Talk About Psychiatric Medications for	Wilens, Timothy E.	EA 100.5	NVH	2004
• The Essential Guide to Prescription Drugs 2004: Everything you need to know for safe drug use.	Rybacki, James J	EA 100	NVH	2004
• The People's Pharmacy: Guide to home and herbal remedies	Graedon, Teresa	EA 120	NVH	2002
• Worst Pills, Best Pills: A Consumer's Guide to Avoiding Drug-Induce Death or Illness	Wolfe, Sasich, Lurie, Hope	EA 100	NVH	2005
<b>EAR / NOSE / THROAT</b>				
• The consumer handbook on hearing loss and hearing aids: A bridge to healing.		FI 400	NVH	2004
<b>ENDOCRINE SYSTEM</b>				
• American Diabetes Association Complete Guide to Diabetes	Walker, Elizabeth A.	FL 800	NVH	2000
• American Diabetes Association Complete Guide to Diabetes: The ultimate home diabetes reference from the diabetes experts.		FL 800	NVH	2002
• Diabetes Meals on the Run: Fast, Healthy Menus Using Convenience Foods	Wedman-St. Louis, Betty	FL 860	NVH	2002
• Diagnosis and Management of Type 2 Diabetes	Edelman M.D., Steven V.	FL 815	NVH	1999
• I Have Diabetes Too!: Molly's story.	Dorian, Camille R.	FL 850	NVH	2003
• Insulin Pump Therapy Demystified: An Essential Guide for Everyone Pumping Insulin	Kaplan-Mayer, Gabrielle	FL 810	NVH	2003
• Sinusitis relief	Plasse, Harvey	FL 804	NVH	2002
• Type 2 Diabetes in Teens; Secrets for Success	Betschat-Roemer, Jean	FL 800.5	NVH	2002
<b>ENVIRONMENTAL HEALTH / OCCUPATIONAL HEALTH</b>				
• Is Our Food Safe?	Leon, DeWaal	BD 150	NVH	2002
• Staying Healthy in a Risky Environment	Upton, Graber	BD 200	NVH	1993
<b>EYE</b>				
• The Eye Care Revolution: Prevent and reverse common vision problems.	Abel, Robert	FH 100	NVH	2004

<b>SUBJECT</b>	<b>Author(s)</b>	<b>Call Number</b>
<b>Book Title</b>		
<b>FERTILITY / INFERTILITY</b>		
• Taking Charge of Your Fertility: The Definitive Guide to Natural Birth Control, Pregnancy Achievement, and Reproductive Health	Weschler, Toni	GF 100 NVH 2002
• Understanding Fertility and Infertility: The sourcebook for reproductive problems, treatments, and issues	Turkington, Carol	GF 100 NVH 2003
<b>FITNESS / EXERCISE / SPORTS MEDICINE</b>		
• Complete Guide to Sports Injuries	Griffith, Friscia	BC 800 NVH 2004
• Exercise Rx: The lifetime prescription for reducing medical risks and sports injuries	Yanker, Gary	BC 890 NVH 1999
• Toward A Magnificent Self	Anastasia, Tami	BC 200 NVH 2002
<b>GASTROINTESTINAL SYSTEM</b>		
• 20 Common Problems in Gastroenterology	Edmundowicz, Steven A.	FK 100 NVH 2002
• Living With Hepatitis C: A survivor's guide revised edition.	Everson, Weinberg	FK 783 NVH 2002
• Mayo Clinic on Digestive Health	King, John E.	FK 100 NVH 2004
• The Ostomy Book: living comfortably with Colostomies, Ileostomies, and Urostomies.	Mullen, McGinn	FK 235 NVH 1992
<b>GENERAL MEDICINE</b>		
• Clinical Guidelines in Family Practice	Uphold, Constance R.	FA 100 NVH 1994
• Complete Guide to Symptoms, Illness &	Griffith, H. Winter	FA 100 NVH 2000
• Current Medical Diagnosis & Treatment - 2005	Tierney, Jr, McPhee,	FA 100 NVH 2005
• Griffith's Instructions for Patients	Moore, Stephen W.	FA 100 NVH 2005
• Handbook of Mind - Body Medicine for Primary	Moss, McGrady, Davies,	FA 100 NVH 2003
• Mayo Clinic Family Health Book	Litin, Scott	FA 100 NVH 2003
• Mayo Clinic Family Health Book: The ultimate illustrated home medical reference		FA 100 NVH 1996
• Nursing Procedures		FA 100 NVH 2000
• The Do's and Don'ts of Hypoglycemia: An Everyday Guide to Low Blood Sugar.	Ruggiero, Roberta	FA 580 NVH 2004
• The Merck Manual of Medical Information: Second home edition.		FA 100 NVH 2003

<b>SUBJECT</b>	<b>Author(s)</b>	<b>Call Number</b>
<b>Book Title</b>		
<b>GENERAL MEDICINE</b>		
• The Patient's Guide to Medical Tests: Everything you need to know about the tests your doctor prescribes.	Segen, Wade	FA 140 NVH 2002
<b>GENERAL REFERENCE WORKS (non-medical reference)</b>		
• Biology: Concepts & connections		AA 300 NVH 1997
• FIRST, Break All of the Rules: What the World's Greatest Managers Do Differently.	Buckingham, Coffman	AA 200 NVH 1999
• Gesundheit	Adams, Patch	AA 800 NVH 1998
• The Healing Power of Humor	Klein, Allen	AA 800 NVH 1989
<b>GENETICS / GENETIC DISORDERS</b>		
• The Encyclopedia of Genetic Disorders and Birth Defects.	Wynbrandt, James	GI 20 NVH 2000
<b>HEALTH CARE DELIVERY SYSTEMS</b>		
• Putting Patients First	Frampton, Gilpin, Charmel	JB 135 NVH 2003
<b>HEALTH CARE ECONOMICS</b>		
• Complete Guide to Health Services For Seniors: What you and your family need to know about Finding and Financing medicare, assisted living, nursing homes, home care, adult day care.	Lieberman, Trudy	ID 22 NVH 2000
<b>HEALTH OF SPECIAL POPULATIONS / GROUPS</b>		
• How to Teach Adults	Draves, William A.	GN 170 NVH 1997
<b>IMMUNE SYSTEM</b>		
• Climbing Higher	Williams, Montel	FF 300 NVH 2004
• Illness as Metaphor and AIDS and Its Metaphors	Sontag, Susan	FF 641 NVH 1990
• The Complete Kid's Allergy and Asthma Guide	Gold, Milton	FF 400 NVH 2003
• The Encyclopedia of Autoimmune Diseases	Cassell, Rose	FF 300 NVH 2003
• The Guide to Living With HIV Infection.	Bartlett, Finkbeiner	FF 820 NVH 2001
• The Parent's Guide to Food Allergies	Barber, Scott, Greenberg	FF 470 NVH 2001
<b>INFECTIOUS DISEASES</b>		
• Celebrate Through Heartsongs	Stepanek, Mattie J.T.	FG 230 NVH 2002
• Infectious Diseases Sourcebook	Bellenir, Karen	FG 100 NVH 2004

<b>SUBJECT</b>	<b>Author(s)</b>	<b>Call Number</b>
<b>Book Title</b>		
<b>INFECTIOUS DISEASES</b>		
• Loving Through Heartsongs	Stepanok, Mattie J.T.	FG 230 NVH 2003
<b>MEDICAL REFERENCE WORKS</b>		
• Mosby's Medical, Nursing, & Allied Health	Mosby	AB 13 NVH 2002
<b>MEN'S HEALTH</b>		
• The Prostrate Miracle: New Natural Therapies that can Save Your Life!	Stoff, Clouatre	GD 300 NVH 2000
<b>MENTAL DISORDERS</b>		
• Adult Bipolar Disorders: Understanding your diagnosis & getting help	Waltz, Mitzi	CD 304 NVH 2002
• Beginning to Heal	Bass, Davis	CD 550 NVH 2003
• Freedom From Obsessive - Compulsive Disorder: A Personalized Recovery Program for Living with Uncertainty	Grayson, Jonathan	CD 480 NVH 2003
• Handbook of Complementary and Alternative Therapies in Mental Health.	Shannon, Scott	CD 280 NVH 2002
• Straight Talk About Your Mental Health: Everything you need to know to make smart	Morrison, James	CD 100 NVH 2002
• The Anxiety Cure: An Eight - Step Program for Getting Well	DuPont, Spencer, DuPont	CD 420 NVH 2003
• The Bipolar Child	Papolos, Papolos	CD 304 NVH 2002
• The Zen Path Through Depression.	Martin, Philip	CD 302 NVH 1999
• You Can Beat Depression	Preston, John	CD 302 NVH 2004
<b>MENTAL HEALTH / ILLNESS</b>		
• Close to the Bone: Life - Threatening Illness and the Search for Meaning	Bolen, Jean Shinoda	CA 900 NVH 1996
• Coping with Uncertainty	Eimer, Torem	CA 200 NVH 2002
• Diagnostic and Statistical Manual of Mental Disorders	American Psychiatric	CA 15 NVH 2000
• Forgive For Good: A Proven Prescription for Health and Happiness	Luskin,M.D., Fred	CA 200 NVH 2002
• Learned Optimism: How to change your mind and your life	Seligman, Martin E. P.	CA 200 NVH 1990
• Listening to Fear: Helping Kids Cope, from Nightmares to the Nightly News	Marans, Steven	CA 230 NVH 2005

<b>SUBJECT</b>					
<b>Book Title</b>	<b>Author(s)</b>	<b>Call Number</b>			
<b>MENTAL HEALTH / ILLNESS</b>					
• Live and Learn and Pass it on: People ages 5 to 95 share what they've discovered about life, love and other good stuff	Brown Jr., Jackson	CA 200	NVH	1992	
• Moments of Awareness	Marshall, Helen Lowrie	CA 610	NVH	1968	
• Pay It Forward	Hyde, Catherine Ryan	CA 190	NVH	1999	
• Rules of the Red Rubber Ball	Carroll, Kelvin	CA 190	NVH	2004	
• Rules of the Red Rubber Ball	Carroll, Kevin	CA 190	NVH	2004	
• The 7 habits of highly effective people.	Covey, Stephen R.	CA 190	NVH	1990	
• The Anatomy of Hope: How People Prevail in the Face of Illness	Groopman, Jerome	CA 200	NVH	2004	
• The Meaning of Life	Greive, Bradley Trevor	CA 610	NVH	2002	
• The Tipping Point: How little things can make a big difference.	Gladwell, Malcolm	CA 900	NVH	2002	
<b>NERVOUS SYSTEM</b>					
• Adult AD/HD	Novotni, Whiteman	FM 265	NVH	2003	
• Alzheimer's Early Stages: First steps in caring and treatment	Kuhn, Daniel	FM 421	NVH	1999	
• Atlas of Common Pain Syndromes	Waldman, Steven D.	FM 800.05	NVH	2002	
• Awakenings	Sacks, Oliver W.	FM 490	NVH	1999	
• Brain maintenance: How to Prevent Stroke & Delay Dementia	Wilson, Kathleen W.	FM 400.9	NVH	2004	
• Childhood Speech, Language & Listening Problems: What Every Parent Should Know	Hamaguchi, Patricia	FM 235.5	NVH	2001	
• Colleagues in Discovery: One Hundred Years of Improving Respiratory Health	Wallace, Joseph	FM 900	NVH	2005	
• Getting Your Child to Sleep & Back to Sleep	Lansky, Vicki	FM 900	NVH	1991	
• Living Well with Parkinson's	Atwood, Hunnewell, Saucier	FM 495	NVH	2005	
• Managing Pain Before it Manages You.	Caudill, Margaret A.	FM 800	NVH	2001	
• Managing Your Headaches	Green, Green, Rothrock	FM 280	NVH	2005	
• Numb Toes and Aching Soles: Coping with peripheral neuropathy	Senneff, John A.	FM 600	NVH	1999	

<b>SUBJECT</b>	<b>Author(s)</b>	<b>Call Number</b>
<b>Book Title</b>		
<b>NERVOUS SYSTEM</b>		
• Seizures and epilepsy in childhood: A guide for parents.	Freeman, John M.	FM 470.5 NVH 2002
• Spinal Cord Injury: A guide for living	Palmer Ph.D., Kriegsman,	FM 550 NVH 2000
• Stroke and the Family	Stein, Joel	FM 340 NVH 2004
• The 36-Hour Day: A family guide to caring for persons with Alzheimer's disease, related dementing illnesses, and memory loss in later	Mace, Rabins	FM 420 NVH 1999
• The ADHA Book of Lists: A Practical Guide for Helping Children and Teens with Attention Deficite Disorders	Reif, Sandra F.	FM 100.5 NVH 2003
• The Brain and Brain Disorders.	Turkington, Carol	FM 300 NVH 2002
• The DANA Guide to Brain Health	Bloom, Beal, Kupfer	FM 200 NVH 2003
• The Encyclopedia of Learning Disabilities.	Turkington, Carol	FM 261 NVH 2002
• The Forgetting Alzheimer's: Portrait of an	Shenk, David	FM 420 NVH 2002
• When Walking Fails: Mobility Problems of Adults with Chronic Conditions	lezzoni, Lisa I.	FM 480 NVH 2003
• When walking fails; mobility problems of adults with chronic conditions	lezzoni, Lisa I.	FM 480 NVH 2003
<b>NUTRITION / FOOD / WEIGHT CONTROL / EATING DISORDERS</b>		
• A Healing Journey : Through the secret World of Eating Disorders	Lambert, Celia A.	BB 500 NVH 2001
• Anorexia Mervosa: A Guide to Recovery	Hall, Ostroff	BB 520 NVH 1999
• Bulimia: A Guide to Recovery	Hall, Cohn	BB 530 NVH 1999
• Complete Food & Nutrition Guide	Larson Duyff, Roberta	BB 100 NVH 1998
• Eat, Drink, and Be Healthy: The Harvard Medical School Guide to Healthy Eating	Willett, Walter C.	BB 200 NVH 2001
• Foundations and Clinical Applications of Nutrition: A Nursing Approach	Grodner, Long, DeYoung	BB 200 NVH 2004
• Get Fit!: Food & fitness the right way	Brown, Cindy	BB 203 NVH 1989
• Help Your Teenager Beat an Eating Disorder	Le Grange, Lock,M.D.	BB 500.6 NVH 2005
• Make the Connection - Ten Steps to a Better Body and a Better Life	Green, Winfrey	BB 400 NVH 1996

<b>SUBJECT</b>					
<b>Book Title</b>	<b>Author(s)</b>	<b>Call Number</b>			
<b>NUTRITION / FOOD / WEIGHT CONTROL / EATING DISORDERS</b>					
• Prescription for nutritional healing.	Balch, Balch	BB 200	NVH	2000	
• The Complete Vegetarian Cookbook	Hardisty, Chris	BB 220	NVH	1992	
• The Essential Guide to Vitamins and Mineral	Somer, Elizabeth	BB 300	NVH	1995	
• The Way to Eat	Katz, David L.	BB 200	NVH	2002	
• The Way to Eat: A six-step path to lifelong weight control.	Katz, David L.	BB 400	NVH	2002	
<b>OLDER ADULTS</b>					
• Are Your Parents Driving You Crazy?: How to resolve the most common dilemmas with aging parents.	Ilardo, Joseph A.	GT 430	NVH	2001	
• Eldercare 911	Beerman, Rappaport-	GT 430	NVH	2002	
• How To Prevent Falls: A comprehensive guide to better balance.	Perkins-Carpenter, Betty	GT 270	NVH	1999	
• Is Your Parent in Good Hands?	Carnot, Edward J.	GT 810	NVH	2004	
• Living Longer For Dummies	Bortz, Walter M.	GT 200	NVH	2001	
• Taking Care After 50	Cohen, Harvey Jay	GT 200	NVH	2000	
• The Merck Manual of Health & Aging	Beers, Mark H	GT 100	NVH	2004	
• What To Do For Senior Health: Easy to read, easy to use	Barnett M.D., Albert	GT 100	NVH	2001	
<b>PHYSICAL / EMOTIONAL ABUSE</b>					
• Child Abuse Sourcebook	Matthews, Dawn D	CE 500	NVH	2004	
• The Truth Will Set You Free	Miller, Alice	CE 550	NVH	2001	
<b>PREGNANCY / CHILDBIRTH</b>					
• Cesarean Section: Understanding and Celebrating Your Baby's Birth	Moore, de Costa	GH 356	NVH	2003	
• From Conception to Birth: A Life Unfolds	Werth, Tsiaras	GH 100	NVH	2002	
• The Mother of all Pregnancy Books.	Douglas, Ann	GH 100	NVH	2002	
• What to do When You're Having a Baby: Easy to read, easy to use	Mayer R.N., Kuklerus,	GH 100	NVH	2001	
• What To Expect When You're Expecting	Eisenberg, Murkoff,	GH 100	NVH	1996	

<b>SUBJECT</b>	<b>Author(s)</b>	<b>Call Number</b>		
<b>Book Title</b>				
<b>PREGNANCY / CHILDBIRTH</b>				
<ul style="list-style-type: none"> <li>• When Pregnancy Isn't Perfect: A layperson's guide to complications in pregnancy</li> </ul>	Rich, Laurie A.	GH 300	NVH	1996
<b>PSYCHOTHERAPIES</b>				
<ul style="list-style-type: none"> <li>• Authoritative Guide to Self-Help Resources in Mental Health</li> </ul>	Norcross, John C.	CC 150	NVH	2003
<ul style="list-style-type: none"> <li>• How to go to Therapy: Making the Most of Professional Help</li> </ul>	Sherman, Carl	CC 100	NVH	2003
<b>REHABILITATION MEDICINE</b>				
<ul style="list-style-type: none"> <li>• Complementary and Alternative Medicine in Rehabilitation</li> </ul>	Leskowitz, Eric	EE 100	NVH	2003
<b>RELATIONSHIPS</b>				
<ul style="list-style-type: none"> <li>• Dinosaurs Divorce: A guide for changing</li> </ul>	Brown, Brown	CF 455	NVH	1986
<ul style="list-style-type: none"> <li>• Facing Codependence: What it is, where it comes from, how it sabotages our lives.</li> </ul>	Mellody, Pia	CF 700	NVH	2003
<ul style="list-style-type: none"> <li>• Helping Your Kids Cope With Divorce: The sandcastles way</li> </ul>	Neuman L.M.H.C., M.	CF 455	NVH	1998
<ul style="list-style-type: none"> <li>• How to Survive the Loss of a Love.</li> </ul>	Colgrove, Bloomfield,	CF 400	NVH	2000
<ul style="list-style-type: none"> <li>• I Thought We'd Never Speak Again</li> </ul>	Davis, Laura	CF 380	NVH	2003
<ul style="list-style-type: none"> <li>• It Will Never Happen to me!: Growing up with addiction as youngsters, adolescents, adults.</li> </ul>	Black, Claudia	CF 600	NVH	2001
<ul style="list-style-type: none"> <li>• Tuesdays with Morrie: An old man, a young man, and life's greatest lesson</li> </ul>	Albom, Mith	CF 300	NVH	1991
<b>SKIN/HAIR/NAILS</b>				
<ul style="list-style-type: none"> <li>• Smart Medicine For Your Skin: An easy-to-use, comprehensive guide to conventional and alternative therapies for skin health and beauty</li> </ul>	Jacknin M.D., Jeannette	FO 100	NVH	2001
<b>STRESS</b>				
<ul style="list-style-type: none"> <li>• Full Catastrophe Living: Using the wisdom of your body and mind to face stress, pain, and</li> </ul>	Kabat-Zinn, Jon	CB 100	NVH	1990
<ul style="list-style-type: none"> <li>• Inner Peace for Busy People: 52 Simple Strategies for Transforming Your Life</li> </ul>	Borysenko, Joan Z.	CB 500	NVH	2001
<ul style="list-style-type: none"> <li>• Managing Stress: Principles and Strategies for Health and Well - Being</li> </ul>	Seaward, Brian Luke	CB 100	NVH	2004
<b>SUBSTANCE USE</b>				
<ul style="list-style-type: none"> <li>• 7 Steps to a Smoke-Free Life</li> </ul>	Fisher Jr., Edwin B.	DB 420	NVH	1998

<b>SUBJECT</b> <b>Book Title</b>	<b>Author(s)</b>	<b>Call Number</b>		
<b>SUBSTANCE USE</b>				
• Loosening the Grip: A Handbook of Alcohol Information	Kinney, Jean	DB 200	NVH	2003
• Sober for Good: New solutions for drinking	Fletcher, Anne M.	DB 300	NVH	2002
<b>SURGERY</b>				
• After surgery, illness, or trauma: 10 practical steps to renewed energy and health	Ryan, Regina Sara	ED 160	NVH	2000
• Cosmetic Surgery for Dummies: A Reference for the Rest of Us	Olesen, Olesen	ED 800	NVH	2005
• Prepare for Surgery, Heal Faster: A Guide of Mind-Body Techniques	Huddleston, Peggy	ED 150	NVH	1996
• Prepare For Surgery, Heal Faster: A guide of mind-body techniques.	Huddleston, Peggy	ED 150	NVH	1996
• Surgery and its alternatives: How to make the right choices for your health	McLanahan, McLanahan	ED 150	NVH	2002
<b>URINARY SYSTEM</b>				
• Conquering Bladder and Prostate Problems: The authoritative guide for men and women	Blaivas M.D., Jerry G.	FP 100	NVH	1998
• Coping With Kidney Disease	Walser, Mackenzie	FP 300	NVH	2004
• The Incontinence Solution: Answers for Women of All Ages	Parker, Rosenman, Parker	FP 100	NVH	2002
<b>WOMEN'S HEALTH</b>				
• A Women's Guide to Menopause &	Minkin, Wright	GG 800	NVH	2005
• Abnormal Pap Smears: What Every Woman Needs to Know	Rushing, Joste	GG 142	NVH	2001
• Dr. Susan Love's breast book.	Love, Susan M.	GG 900	NVH	2000
• Dr. Susan Love's Menopause & Hormone book: Making informed choices.	Love, Susan M.	GG 820	NVH	2003
• Our Bodies, Ourselves	Brigham and Women's	GG 100	NVH	2005
• The Menopause Manager: A safe path for a natural change	Mayo, Mary Ann	GG 800	NVH	1998
• The New Harvard Guide to Women's Health.	Carlson, Karen	GG 100	NVH	2004
• The Woman's Guide to Hysterectomy: Expectations & options.	Haas, Adelaide	GG 235	NVH	2002

<b>SUBJECT</b>	<b>Author(s)</b>	<b>Call Number</b>		
<b>Book Title</b>				
<b>WOMEN'S HEALTH</b>				
• What Your Doctor May Not Tell You About Fibroids: New Techniques and Therapies	Goodwin, Broder	GG 580	NVH	2003
• Women's Bodies, Women's Wisdom	Northrup, Christiane	GG 280	NVH	2002
<b>YOUNG ADULTS</b>				
• Adolescent Health Care - A Practical Guide	Neinstein, Lawrence S.	GL 100	NVH	2002
• Healthy Teens, Body and Soul: A Parent's Complete Guide	Marks, Rothbart	GL 200	NVH	2003
• Reviving Ophelia: Saving the selves of adolescent girls.	Pipher, Mary	GL 300	NVH	1994
• The Teen Health Book: A parents' guide to adolescent health and well-being	Lopez M.D., Ralph I.	GL 100	NVH	2002
• Understanding Teenage Depression: A Guide to Treatment, and Management	Empfield, Bakalar	GL 324	NVH	2001
• What Are You Doing in There?	Giannetti, Sagarese	GL 450	NVH	2003
• Whats a Parent to Do?	Abraham, Henry David	GL 330	NVH	2004